

Allergens

Meat	No Allergens	All Nuts	Soy	Soy bean Oil	Milk	Eggs	Wheat
Beef, Ground Beef, 80/20	x						
Beef, Meatballs, Fully Cooked					x		
Beef, Shaved steak, 100% RAW			x		x		
Chicken, Drumstick, XL Oven Roasted	x						
Chicken, Filet, RAW, Individually Frozen, Boneless, Skinless, Chicken Breast Filets (4 oz)	x						
Chicken, Filet, Breaded Whole Muscle Filet 2M/MA					x		x
Chicken, Filet, FC Grilled Chicken Breasts Filets with Rib Meat 2MMA	x						
Chicken, Nugget, FC CN WG Breaded Breast Chunks, Whole Muscle White			x				x
Chicken, Nugget, WG breaded White and Dark			x				x
Chicken, Nugget, WG Breaded made with dark meat chunk			x				x
Chicken, Nuggets, CN PHD Whole Grain Home-style Chicken Bites (3.9 oz)							x
Gluten Free, Chicken, Tender, FC, Breast strip, breaded						x	
Chicken, Tender, WG Brd. made with whole muscle (rib meat) - white meat							x
Chicken, Tender, WG Brd. whole muscle tenderloin - white meat							x
Chicken, Tender, FC Buffalo Style chicken breast fritters							x
Chicken, Patty, CN Whole Grain Chicken Patty White and Dark d WG Breaded			x				x
Chicken, Patty, Spicy, Chicken White Meat WG Breaded Patty			x				x
Chicken, Popcorn FC WG Breaded, whole muscle, White Meat							x
Chicken, Popcorn, FC WG Breaded White and Dark Meat			x				x
Chicken, Popcorn, WG FC Breaded Popcorn Chicken Dark Meat: Goldkist 110458			x		x		x

Deli: Beef, Thin 'n Trim Roast Beef, Rare	x						
Deli: Bologna	x						
Deli: Chicken, Buffalo Style Lean Breast, skinless, fully cooked							
Deli: Ham, Thin 'n Trim Round, cooked, 97% fat free	x						
Deli: Salami, Genoa	x						
Deli: Turkey, Natural brown Breast (2.7 oz)	x						
Deli: Turkey Breast, Thin 'n Trim Turkey Breast	x						
Fish Pollock Stick, Cooked WG Potato Crunch (1oz)				x	x	x	x
Fish, WG Pollack Bites					x		x
Frankfurter, Low Sodium Beef Frank	x						
Pork, Bacon, strip, FC	x						
Pork, Bacon, Rounds, Fully Cooked	x						
Turkey Bacon	x						
Pork, Rib Patty, honey bbq (3.25 oz)			x		x		x
Turkey, Pepperoni, coin sized (1.23 oz)	x						
Pork, Sausage, Link, 1.2 oz or .8 oz			x				
Pork, Sausage, Patty, Precooked	x						
BREAKFAST FOODS	No Allergens	All Nuts	Soy	Soy bean Oil	Milk	Eggs	Wheat
Egg Patty, Round, 1.25 oz				x	x	x	
French Toast, Maple Glazed WG, 2.9oz serving				x	x	x	x
French Toast Stick, Plain. WG, 2.6 oz				x	x	x	x
French Toast Sticks WG, IW, 2.9 oz serving			x	x	x	x	x
Whole Grain French Toast				x		x	x
Pancakes, Whole Grain, 144, 1.20z			x	x	x	x	x
Waffle WG Sticks			x	x	x	x	x
Waffle, WG Maple, 1G					x	x	x
Waffle, IW 2G					x	x	x
Cereal - varieties available from manufacturer, .5 oz to 1 oz (1 bread equivalent) - WG							
Cereal - varieties available from manufacturer, .5 oz to 1 oz (bread equivalent) - WG							

CEREAL BOWL Assorted flavors							
Cereal - varieties available from manufacturer, .5 oz to 1 oz (bread equivalent) - WG							
Cereal- varieties available 2 oz (2 bread equivalent)							
FROZEN VEGGIES	No Allergens	All Nuts	Soy	Soybean Oil	Milk	Eggs	Wheat
Fries Crispy Bakeable Seasoned Fries				x			
Fries Harvest Splendor Sweet Potato Cross Trax							
Fries Potato Fries 3/8 CC-Crinkle Cut ovenable, Ovenable	x						
Fries Potato Smiles Oreida Fries - 40% Lower Sodium, Ovenable				x			
Fries Potato Emoticons - Mashed Potato Shapes	x						
Fries Potato, Sweet Fries 7/16" KK				x			
Fries, Tater Tots				x			
Puff Potato, Sweet Potato Mini Tater Puffs				x			
Wedge Crispy Bakeable Seasoned Wedge				x			
Wedge Potato Fries Wedge with Skin, Ovenable	x						
Vegetables, Onion Rings, Breaded-Oven Ready WG- 2.69oz			x		x		x
Vegetables, Frozen-GREEN BEANS, Quality: Min. US No. 2	x						
Vegetables Frozen -CARROTS, Crinkle Cut, Quality: Min. US No. 2	x						
Vegetables, Frozen-PEAS, Quality: Min. US No. 2	x						
Vegetables, Frozen-CORN, Quality: Min. US No. 2	x						
Vegetables, Frozen-MEDLEY: Broc., Caulif. & Carrots, Quality: Min. US No. 2	x						
Burger, Veggie, low allergen example: Kellogg Gardenburger 1057788923 or Dr.Praegers SVBSEIN22CN			x				x
Spicy Black Bean Patty Man#: 2898949338 2 oz M/MA			x		x	x	x

DRINKS	No Allergens	All Nuts	Soy	bean Oil	Milk	Eggs	Wheat
Juice Apple - 100"% Fruit, Cup w/ Foil Lid; Ardmour or equiv	x						
Juice Fruit Punch - 100"% Fruit, Cup w/ Foil Lid, Ardmour or equiv	x						
Juice Grape - 100"% Fruit, Cup w/ Foil Lid, Ardmour or equiv	x						
Juice Orange - 100"% Fruit, Cup w/ Foil Lid, Ardmour or equiv	x						
Juice - 100% Fruit carton, Ardmour or equiv, Fruit Punch	x						
Juice - 100% Fruit carton, Ardmour or equiv, Orange	x						
Juice - 100% Vegetable & Fruit Blend, Carton, Ardmour or equiv	x						
Juice 100% shelf stable, container with straw	x						
Juice, 100% Apple Juice, Box, Shelf Stable	x						
Juice, 100% Orange Tangerine Box, Shelf Stable	x						
Milk, Fat Free Chocolate, Shelf Stable, Carton, must meet MA Smart Snack regs					x		
Milk, 1% Low Fat White, Shelf Stable, Carton					x		
FROZEN PIZZA	No Allergens	All Nuts	Soy	Soy bean Oil	Milk	Eggs	Wheat
Breaded Cheese stick, mozzarella, Rich's 65220 or TastyBrand 41009					x		x
Pizza, The Max Stuffed Crust, 100%, Whole Wheat			x		x		x
Pizza, Tony's French Bread 6", WG Cheese			x		x		x
Pizza, French Bread, IW, Nardones #60WUM2					x		x
Stick The Max, Mastix IW Conagra#77387-12600			x		x		x
Gluten Free 6" Cheese Pizza			x	x	x		
FROZEN COOKIES	No Allergens	All Nuts	Soy	Soy bean Oil	Milk	Eggs	Wheat
COOKIE, CHOC CHIP 1.33 OZ BENEFIT WG			x		x	x	x
COOKIE, CANDY, 1.33 OZ BENEFIT WG			x		x	x	x

COOKIE, DOUBLE CHOC 1.33 OZ BENEFIT WG					x	x	x
COOKIE, SUGAR, 1.33 OZ BENEFIT WG			x		x	x	x
CONDIMENTS	No Allergens	All Nuts	Soy	bean Oil	Milk	Eggs	Wheat
Mayonnaise, 4/1 Gal, Light, Reduced Calorie				x		x	
Mayonnaise, PC, 9g,				x		x	
Mustard, PC, 4.5g,	x						
Relish, PC, 9g,	x						
Ketchup Fancy, 33% Solids - cans	x						
Ketchup - PC, 1000/9gm	x						
Syrup, Cup, 100/1.5oz,	x						
Honey Mustard Cup, 100/1.5oz, GF				x		x	
Light Ranch Cup				x	x	x	
BBQ Bullseye Original - Dip Cup	x						
Marinara: Red Gold- REDNA2ZC84 - Sauce Cup	x						
Salsa (1/2c Red/Orange Veg)	x						
Hummus Cup, individual Serving	x						
Dressing, 100% Olive Oil, Extra Virgin	x						
Dressing, 4/1 Gal, Balsamic Vinaigrette, Gluten Free				x			
Dressing, 4/1 Gal, Creamy Italian, Gluten Free				x	x	x	
Dressing, 4/1 Gal, Lite Italian, Gluten Free				x			
Dressing, 4/1 Gal, Creamy Caesar, Gluten Free					x	x	
Dressing, 4/1 Gal, Lite Caesar							
Dressing, 4/1 Gal, Lite Ranch, Gluten Free					x	x	
Dressing, 4/1 Gal, Ranch, Gluten Free					x	x	
Dressing, 4/1 Gal, Chipotle Ranch					x	x	
Dressing, 4/1 Gal, Asian Sesame			x	x			x
Dressing, PC, 60/1.5oz, Balsamic Vinaigrette				x			
Dressing, PC, 60/1.5oz, Greek				x		x	x
Dressing, PC, 60/1.5oz, Honey Mustard							
Dressing, PC, 60/1.5oz, Lite Italian	x						

Dressing, PC, 1.5oz, Lite Caesar, Gluten Free					x	x	
Dressing, PC, 60/1.5oz, Light Ranch, Gluten Free					x		
Dressing, PC, 60/1.5oz, Parmesan & Peppercorn					x	x	
Lite Balsamic w/ Olive Oil Vinaigrette, Gluten Free				x			
Blue Cheese Dressing					x	x	
Reduced Calorie Italian				x			
Lite Ranch Dressing				x	x	x	
Sweet and Sour				x			
Orange Sauce			x				x
Barbeque, Original Flavor, Gluten free	x						
Hot Sauce	x						
Teriyaki			x				
DRY FOODS	No Allergens	All Nuts	Soy	bean Oil	Milk	Eggs	Wheat
Pizza - Heavy, All Natural, Prepared from Vine Ripened Tomatoes	x						
Spaghetti Sauce - Trattoria	x						
Marinara, Angela Mia, No Salt Added	x						
General Tso 4/1/2 gal			x				x
Fruit: Applesauce, smooth, unsweetened	x						
Fruit: Pears, sliced, juice pack - Grade B-FRESH FRUIT PACK ONLY	x						
Fruit: Peaches Yellow Cling diced, Extra Light Syrup, Grade B	x						
Fruit Pineapple Tidbits, pkd in unsweetened pineapple juice - Grade B-FRESH FRUIT PACK ONLY	x						
Muffin Mix , Corn (made in peanut free plant)			x		x	x	x
Pasta Barilla Semolina White, Rotini, Elbows, Spaghetti White							x
Pasta- Barilla WG 51% Penne, Rotini, Elbows, Spaghetti							x
Peppers, Banana, Hot Sliced	x						
Pickles, Dill Chip, 1 gal	x						
Pickles, Dill Chip, 5 gal	x						
Pickles, Dill Spears, 5 gal	x						

Potato-Instant, Idahoan Real Potato Mix-NO SUB			x		x		
Au Gratin Potato Casserole					x		
Rice, Whole Grain	x						
Soup, Chicken Noodle			x			x	x
Soup, Tomato							x
Spray Pan Coating Food Release	x						
Gravy, Turkey - Low Sodium - No MSG Gluten Free			x		x		
Gravy, Chicken							x
Seasoning: Taco	x						
Taco Shells - Corn WG				x			
Pudding, Chocolate-RTS - Gluten & Transfat free					x		
Pudding, Vanilla-RTS - Gluten & Transfat free					x		
Gelatin Mix, Fresh Red & Fresh Citrus	x						
Noodles, Chow Mein Noodles							x
Croutons, Seasoned- Large					x		x
Croutons, Seasoned- Individually wrapped			x		x		x
Tuna Fish, Chunk Light Low Sodium in Water			x				
DAIRY	No Allergens	All Nuts	Soy	bean Oil	Milk	Eggs	Wheat
Cheese Light Mozzarella String - 1oz					x		
Cheese String, 1oz or equiv					x		
Cheese Cheddar Cheese Sauce Pouch -1.8oz; JTM #5705 or LandOLakes #39940					x		
Cheese Sauce Pouch, White Cheese Blend #39944					x		
Cheese Lasagna Roll Up - 4.3oz serving					x		x
Cheese Ravioli WG					x	x	x
Cheese WG Stuffed Shells					x		x
Butter Blend First Ingredient oil, no transfat					x		
Topping, On-Top-Flavor - Regular					x		

Cheese Mozzarella, Shredded, Part Skim, Low Moisture *PH Max 5.3, Melt Completely, 5					x		
Cheese Parmessan Shredded, 5					x		
Cheese Parmessan Grated, Imported, 5					x		
Cheese American White					x		
Cheese, Provolone, sliced					x		
Egg, Pillow Pack, Hard Boiled 12/12pk						x	
Yogurt, Parfait, Pro, Bags - Strawberry, Low Fat					x		
Yogurt, Parfait, Pro, Bags - Vanilla, Low Fat					x		
Cream Cheese, 1 oz package or cup					x		
Sour Cream, 1 oz package or cup					x		
Sour Cream, Lite, 5 Tub					x		
Cheese Feta Crumbled					x		
Milk							
Milk, 1.00% B.F. content					x		
Milk, Chocolate 0% B.F. content					x		
Lactaid 100, lactose free milk					x		
Soy Milk			x				
SNACK	No Allergens	All Nuts	Soy	bean Oil	Milk	Eggs	Wheat
Tostitos Tortilla Chip Rounds, bulk NO SUB	x						
Potato Chips, Classic - snack size .5 oz	x						
Potato Chips, Cape Cod, Reduced Fat	x						
Oreo Cookies			x				x
Cookies, Fortune						x	x
Tortilla Chips, Baked Tostitos Scoops (1.25 gr/eq)	x						
Tortilla Chips, Tostitos Reduced Fat, Crispy Rds (2 gr/eq)	x						
Tortilla Chips, Tostitos Reduced Fat, Crispy Rds (1.25 gr/eq)	x						
Doritos, Nacho, Reduced Fat					x		
Doritos, Cool Ranch, Reduced Fat							
Doritos, Sweet & Spicy Chili, Reduced Fat					x		

Pretzels, Rold Gold Heartzels							x
Pretzels, Tiny Twist, 5 oz *PEANUT FREE							x
Pretzels, Gluten Free 100 Cal Pack	x						
Potato Chips, Baked Lays - Original			x				
Potato Chips, Baked Lays - BBQ			x		x		
Potato Chips, Baked Lays - Sour Cream & Onion			x		x		
Popchips, Sour Cream					x		
Popchips, BBQ					x		
Popcorners, Kettle Corn	x						
Popcorners, Sea Salt	x						
Ruffles Baked Cheddar & sour Cream			x		x		
Sunchips MG Snack Mix, Harvest Cheddar					x		x
Pita Chip whole grain 2 oz IW							x
Cheetos, Reduced Fat - Mellow Puffs					x		
Cheetos, Reduced Fat - Flamin' Hot Fuffs					x		
Cheetos, Oven Bake WGR Cheese Snacks, Crunchy					x		
Baked Cheetos - White Cheddar					x		
Cheez It WG Baked Snack Cracker, Original			x		x		x
Munchies Snack Mix, Kids WG Rich 1oz eq					x		x
Munchies Mix Flaming Hot & Sweet .75oz eq					x		x
Simply Chex - Cheddar - WG					x		x
Fantastix - Chili Cheese					x		
Baked Funyuns					x		
Pepperage Farms Goldfish Crackers - Whole Grain					x		x
Wheat Thins - bag							x
Welch's Fruit Snacks - Mixed Fruit	x						
Welch's Fruit Snacks - Island Fruit	x						
Welch's Fruit Snacks - Strawberry	x						
Rice Krispie Treast Chocolate Chip			x	x	x		
Rice Krispie Treat, WG			x	x	x		
Pop Tart-Whole Grain - Frosted Cinnamon IW			x	x			x
Pop Tart-Whole Grain - Frosted Strawberry IW			x	x			x

Pop Tart-Whole Grain - Frosted Fudge IW			x	x			x
Fruit Bars-Nutrigrain-WG: Strawberry & Blueberry			x	x	x		
Fruit Bars-Nutrigrain-WG: Apple Cinnamon			x	x	x		
Cereal Bars: Cinnamon Toast Crunch, Golden Graham, Fruity Cheerios, Trix, & Cocoa Puffs			x				x
Chewy Granola Bar - Choc. Chip			x		x		x
Chewy Granola Bars - Maple Brown Sugar (1 oz eq)			x		x		x
Chewy Granola Bars - Choc Chunk (1 oz eq)			x				
Bread	No Allergens	All Nuts	Soy	bean Oil	Milk	Eggs	Wheat
100% Whole Wheat Bread, Sliced Loaf, Home Style			x	x			x
100% Whole Wheat Bread, Sliced Loaf (large/Teacher)			x	x			x
Whole Wheat Club, Sliced Loaf			x	x			x
French Bread, Unsliced Loaf, Multigrain							x
Multi Grain Bread, Sliced Loaf				x			x
Hamburg Rolls, Whole Wheat	x						
Hot Dog Rolls, Whole Wheat	x						
Bulkie Rolls, Whole Wheat, NO SEEDS				x			x
Dinner Rolls, White Whole Wheat			x	x			x
Dinner Rolls,Honey Whole Wheat			x	x			x
Syrian/Pita Bread, 7", Whole Wheat							x
Wrap, 8" diameter, Whole Wheat				x			x
Wrap, 11" diameter,Whole Wheat				x			x
English Muffins, Whole Wheat			x	x			x
Panini, Multigrain, sliced				x			x
3 oz. whole grain bagel				x			x
Bread: Sandwich, Sliced, Frozen, 51% White Whole Wheat 1 grain/slice-minimum			x	x			x

Roll Hamburger Whole Grain, White, Sliced 3.75"2grain minimum				x			x
Roll Hot Dog Bun, Whole Grain, White, 6" 2grain minimum				x			x
Roll Sub, 6" Sliced, Frozen, 51% White Whole Grain 2grain minimum				x			x
Roll Warm and Serve Dinner Pull Apart 1 grain				x			x
Dinner Roll WG				x			x
Biscuit, Ezsplit Buttermilk WG 2.15oz				x		x	
Bread Pita Pocket, Whole Grain 6" 2 grain				x			x
Bread Stick, WG, par baked							x
Breadstick, Mini,Parbaked, Frozen							x
Bread, Garlic Knot, WG				x	x		x
Texas Toast, WG, Garlic, RF, RS, Bulk 1 grain			x	x	x		x

Muffin English Whole Grain White, Sliced 3.5" 2grain			x	x			x
Croissant Whole Wheat, sliced 2grain			x	x		x	x
Pretzel, Soft, 51% Whole Grain, 2.2 oz 2grain				x			x
Flatbread WG 6X6 2grain					x		x
Tortilla's 6"- 7 " - 51% Whole Wheat or Whole Grain Flour 1 tortilla minimum 1 grain: Harbar							x
Tortilla's 7"-8" -51% Whole Wheat or Whole Grain Flour 1 tortilla minimum 1.5 grain: Harbar							x
Tortilla's 9"-10" - 51% Whole Wheat or Whole Grain Flour minimum 2 grain							x
Tortilla's 10" - Pressed Flour Tortillas				x			x
Wrap 12", Variety Pack: Herb Garlic, Tomato, Spinach 1 tortilla minimum 2 grain							x
Gluten Free Bread						x	
Gluten Free Bread Slices, IW	x						

		GF	
		GF	Used on same process line as soy
		GF	
		GF	
		GF	Used on same process line as milk
x			
x			
		GF	
		GF	
		GF	
Fish/ Shellfish	Sesame	Gluten Free	Other
			Wheat and Soy vary
			Wheat and Soy vary

			Wheat and Soy vary
			Wheat vary
			Wheat and Soy vary
Fish/Shellfish	Sesame	Gluten Free	Other
		GF	Lacto-Ovo Vegetarian
		GF	Lacto-Ovo Vegetarian & Halal
		GF	
		GF	
		GF	
		GF	
		GF	
			May contain eggs, dairy, peanuts, sesame, and tree nuts

Fish/ Shellfish	Sesame	Gluten Free	Other
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
Fish/ Shellfish	Sesame	Gluten Free	Other
			May contain soy
		GF	
Fish/ Shellfish	Sesame	Gluten Free	Other

Fish/ Shellfish	Sesame	Gluten Free	Other
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	Egg yolk
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
x		GF	Anchovies
		GF	
		GF	
		GF	
			Vegetarian & vegan
		GF	Vegetarian & vegan
		GF	
		GF	Vegetarian
		GF	Fat Free

x		GF	Anchovies
		GF	
		GF	
		GF	
		GF	Reduced fat and vegetarian
		GF	Kosher
		GF	Kosher
		GF	
	x		
		GF	
		GF	
Fish/Shellfish	Sesame	Gluten Free	Other
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
		GF	
			Manufacture d on shared equipment with EGGS
			Manufacture d on shared equipment with EGGS
		GF	
		GF	Kosher
		GF	Kosher
		GF	Kosher

			Contains coconut and contains traces of peanuts/tree nuts.
			May contain milk ingredients
Fish/Shellfish	Sesame	Gluten Free	Other
			May contain sesame seeds
	x		
		GF	
		GF	
	x		
			May contain sesame seeds
	x		

			Manufacture d in a facility that processes eggs, soy wheat, wheat gluten and other grains and seeds. Product may contain trace amount of these items.
			Manufacture d in a facility that processes eggs, soy wheat, wheat gluten and other grains and seeds. Product may contain trace amount of these items.
			Processed in facility that produces soy products.
			Manufacture d in a facility that processes eggs, soy wheat, wheat gluten and other grains and seeds. Product may contain trace amount of these items.
x			
			May contain Milk, Eggs, Soy and Sesame.
			May contain Milk, Eggs, Soy and Sesame.

			Contains nonfat dry milk powder.
			May contain soy.
			May contain soy and sesame
			May contain soy and sesame
			May contain soy and sesame
		GF	Contains only egg whites
		GF	May contain sesame seeds